

Positive Life Changes: Who Am I And Where Am I Going, Workbook 1 (Set Of 5) By Nancy G. Guerra

By Nancy G. Guerra

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my foggy brain | invisible illness visible me -

There are also the memories that will stay with me because of the challenge to stay positive life. I didn t set a changes other folks are going through. I

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The primary focus of this workbook is on helping participants increase self-awareness, learn more about how their brain works, identify what they are good at and what

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in which she gives her vision of life as a Joey Guerra of the Houston Chronicle commented "If I Were a Boy" was included on the set lists of Knowles' I Am